

Stafford Public Schools

District Wellness Committee Meeting Minutes

Present: Damian Frassinelli, Beth LaPane, Laura Lybarger, Steve Moccio, Laura Norbut, Rob Schadt, Michele Staczek, Patrice Sulik (North Central District Health Department), Sara Varga, Eileen Zadrozny

Absent: Rachel Freeman, Kathie Gabrielson

Date: February 15, 2024 3:30-5:00 P.M.

Sliddeck [Link](#)

Triennial Wellness Assessment Process:

- The committee discussed the steps necessary to conduct the Wellness Policy Triennial Review (please reference sliddeck above). It has been approximately three years since the previous report.
- Committee members collaboratively completed the WellSAT 3.0. This assessment tool compares the district's wellness policy to a model policy and assesses compliance with federal requirements in the written policy. The finalized WellSAT 3.0 scorecard is linked [HERE](#).

Next Steps:

- Laura will reach out to the Health/PE teachers and Sara Varga to complete sections of the WellSAT-I specific to Health/PE and Building Administration. Once the WellSAT-I is completed, the full committee will compare the findings from both assessments. A calendar invite will be forthcoming. Thank you all for your time and efforts!