



Stafford Public Schools District Wellness Committee Meeting Minutes

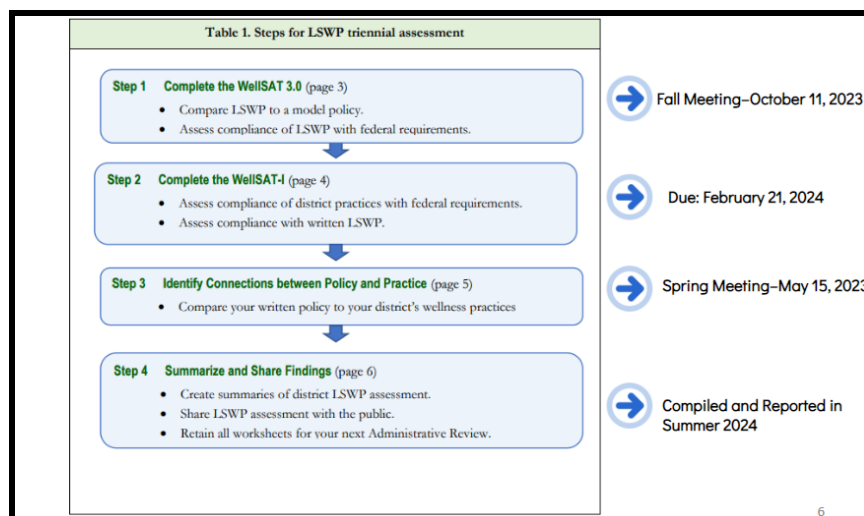
Present: Steven Autieri, Beth LaPane, Laura Lybarger, Susan Mike, Steven Moccio, Robert Schadt, Michele Staczek, Brandon Turley, Sara Varga.

Absent: Melissa Augusto, Charmaine Bradshaw-Hill, Damian Frasinelli, Rachel Freeman, Kathie Gabrielson, Allison Nadeau-Shadon, Eileen Zadrozny.

Date: May 15, 2023 Meeting Start Time: 3:30 pm

Sliddeck [Link](#)

- **School Wellness Team Planning (Autieri)**--Mr. Autieri shared the vision for building school wellness updates into the meeting structures next year. As part of school climate teams, the feedback relative to school wellness will be discussed with suggestions and information channeled back to the district committee.
- **Triennial Wellness Assessment Process (Autieri)**--Mr. Autieri shared that we will begin the process of updating the Triennial District Assessment next school year. It has been approximately 3 years since our previous report. Mr. Autieri presented the timeline of the process for the committee. We will work on portions of the process over our three meetings next school year.



- **Wellness Goal Planning 2023-24--(Autieri)**--The committee spent work session time discussing and planning for wellness supports in the district for next school year. Topics from the committee included:
 - Connections to Child Safety Day through WSS.
 - Drunk Driving, Teen Violence Prevention
 - Connections to School Wellness Updates within committee.
 - Staff Wellness--connect with HR.
 - Reporting to SCC--updates on Wellness Committee
 - Completion of Health Curriculum Updates

Meeting adjourned at 4:30pm.