



Stafford Public Schools District Wellness Committee Meeting Minutes

Present: Steven Autieri, Damian Frasinelli, Kathie Gabrielson, Laura Lybarger, Susan Mike, Steven Moccio, Diane Peters, Michele Staczek, Sara Varga.

Absent: Melissa Augusto, Rachel Freeman, Allison Nadeau-Shadon, Lynne Pelletier, Sharon Mlyniec, Robert Schadt, Eileen Zadrozny.

Date: April 18, 2022

Sliddeck [Link](#)

- 1. Reviewing the Committee Vision Statement & Goal Areas (Autieri)**--The committee reviewed the vision statement and discussed some updates and completed tasks that align to each of the targeted goal areas.
 - a. School wellness policy updates after WellSAT data received from the Rudd Center. Wellness Committee development of procedures for food brought into schools.
 - b. Connection with NCDHD and One Digital/Anthem to support staff wellness activities.
 - c. Wellness fairs with local community partners at staff wellness events--Trinity Health Care.
- 2. Staff Wellness Updates(Autieri)**--The District held its first annual staff wellness fair on March 31, 2022. Mr. Autieri previewed pictures from the event and shared the [list](#) of wellness activities offered. Staff are currently being surveyed to determine satisfaction and planning steps for future wellness events.
- 3. District Social Emotional Wellness Team--(Autieri)**--Mr. Autieri shared the overview of the District Social Emotional Wellness Committee facilitated by the three assistant principals. Mr. Kinel has been a tremendous asset at facilitating and leading the committee events. Mr. Autieri shared information regarding the pilot year for the DESSA SEL screener process and next steps for 2022-23 and RULER Trainer professional development and rollout with staff during 2022-23;
- 4. Healthy Balanced Curriculum Framework--(Autieri)**--Content shifts include additions such as violence prevention, sexual assault and abuse prevention, and safety & injury prevention. Concerns were raised regarding the scope of topics across the various grade levels.

The next steps for the process include a review of curriculum alignment and areas for revision followed by a comprehensive plan and timeline for curricular updates. Mr. Autieri, Mr. Schadt, and Ms. Zadrozny will be attending the state level curriculum development workshop hosted by SERC on June 27/28, 2022 to begin the planning process.

- 5. Policy Updates and Revisions--(Autieri)**--Steve presented the updated WellSAT data report and evaluation from CSDE. The results were significantly higher since the policy revisions in 2020-2021. The committee broke into subcommittees by standard to review the feedback and provide clarifications to the language for inclusion in an upcoming policy revision. Mr. Autieri reached out to Ms. Brown at CSDE to inquire on whether both the policy and accompanying regulations are reviewed. This was confirmed and should be submitted together. The policy and regulations will be updated for the upcoming Administrative Policy Council review on April 21, 2022.

Meeting adjourned at 4:45pm.